

PROJECT:	
CLIENT/OWNER:	WEEK ENDING:

ENTERING & EXITING YOUR MACHINE SAFELY

Getting On the Machine—

The most important thing you can do to reduce the risk of injury when climbing into or out of a machine is to **always use 3-points of contact** when entering or exiting machines.

NOTE: The #1 cause of workplace injuries for equipment operators is slip and fall injuries when entering or exiting their machine.

1. If you have items to bring in the cab with you, such as a lunchbox or water jug, set them on the machines' entry platform before climbing on the machine, and secure them once inside the cab. Do not secure the items in a place that blocks your sight lines or ingress and egress.
2. If the machine is too high to safely reach the entry platform, tie your items to a rope then hoist them up once you are safely on the entry platform.
3. Never throw items onto the machine or into the cab from the ground.
4. Avoid contact with machine controls when entering or exiting the cab.
5. Always be sure the machine is off and all buckets and rippers are grounded before entering a machine.

During your shift—

Be aware of all of your surroundings. **WHO** is on the ground nearby, **WHAT** are they doing, and **WHERE** are they doing it?

Always assume that others on the jobsite do not see you, even though you are operating large machines.

If you must exit your machine for any reason, ALWAYS shut the machine. down, apply the parking brake and ground all

CREW NAMES:	CREW SIGNATURES:
SAFETY FACTORS ON CURRENT PROJECT:	
WEEKLY FOCUS ON IMPROVEMENT:	
FOREMAN:	SIGNATURE:

buckets, rippers, etc.

Never throw any objects from the cab of your machine.

Never allow anyone to throw objects to you from the ground. Stop and shut the machine down, and pass the object from person to person in a safe and controlled manner.

Exiting your Machine—

Be sure the machine is off with the parking brake engaged, ground all implements and remove the key from the ignition before exiting.

Always face the machine and use 3-points of contact when climbing off a machine.

If you have items to take out of the cab set them on the entry platform first, face the machine, properly dismount the machine and then grab the items while standing firmly on the ground. If you cannot reach the items from the ground, use a rope and lower them to the ground before dismounting the machine.

Never exit the machine and climb down off it with items in your hands. •